

"Improve your mindset, S&OP effectiveness and team performance"



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## Why:

Over 33% of S&OP journeys stall, even when S&OP processes are properly implemented. This is often due to organizational mindset and behaviours.

## What:

Mental Toughness is dubbed the mindset of the winner, and supports effective S&OP. Individuals and teams with a Mentally Tough mindset show increased well-being and performance.

## How:

Learn about your team's Mental Toughness and improvement techniques. Combined with a renewed S&OP vision, this will rejuvenate your S&OP journey for years to come.

## Participants in the workshop will:

- Become familiar with the Mental Toughness definition, history and its implications.
- Get a baseline measurement of their own personal, and the team's Mental Toughness.
- Learn how Mental Toughness impacts individual well-being and S&OP performance.
- Develop an S&OP vision that includes mindset and goals that demand organizational commitment.
- Learn how to measure, nurture and improve an effective mindset during an S&OP cycle.